

Breaking down a complicated groove

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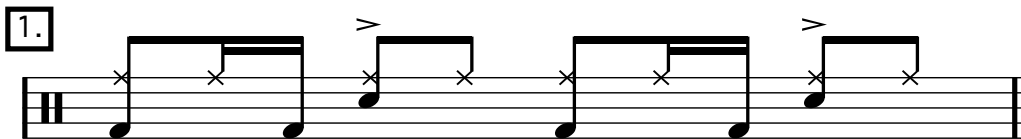
In this lesson I'm going to teach you a simple approach to breaking down a complicated groove. A while back one of my students asked me to teach him the groove for a song he wanted to play. I wrote out the groove, but at first, it was too complicated for him to play. To help him better understand it, I broke the groove down into a series of bit-size pieces. Let's take a look at this process.

Complete Groove

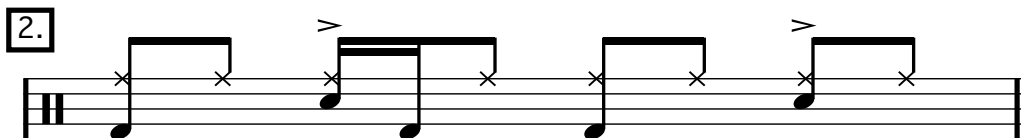
♩ = 92



First, let's learn a simplified version of the bass drum pattern. Practice the pattern until it feels good and you are completely comfortable playing it.



Now we'll simplify the pattern on beats one and three and practice playing the bass drum on the "e" of "2"



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