

Paradiddle Tree

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In the lesson I will teach you one of my favorite rudimental workouts. It combines single, double and triple Paradiddles with a Paradiddle-diddle to create a workout called the "Paradiddle Tree". This is great exercise for drum set players because all of these rudiments translate well to the kit.

Practice with a metronome. The metronome is an essential tool to help you develop the correct feel for each of the following rhythms. Play the accented notes 6-12" off of the head and play the un-accented notes 2-3" off of the head. Practice each rudiment until you are completely comfortable with it. Once you are, play the "Paradiddle Tree" as one continuous piece being sure to make smooth transitions between each rudiment. Once you can comfortably play the workout with a right-hand lead, practice it with a left-hand lead.

♩ = 100 - 160

(Repeat four times)

Paradiddle

1.

R L R R L R L L R L R R L R L L

(Repeat twice)

Double Paradiddle

2.

R L R L R R L R L R L L R L R L R R L R L R L L

(Repeat four times)

Triple Paradiddle

3.

R L R L R L R L R R L R L R L R L R L L

(Repeat twice)

Paradiddle-diddle

4.

R L R R L L R L R R L L R L R R L L R L R R L L