

Triplet Video Lesson #2

♩ = 60 - 100

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In this lesson you'll learn another great sounding 16th note triplet fill. This fill has been played by Jazz legends such as Max Roach and Philly Jo Jones, as well as contemporary greats such as Chad Smith and Dennis Chambers. The pattern works equally well using a single or double bass drum pedal. However, I suggest starting with a single pedal.

Begin by playing 4 notes with the snare drum and two with the bass. Keep the strokes even between the two drums and maintain a consistent **RLRL** sticking throughout.

R L R L R L R L R L R L R L

Moving your hands around the set

Now let's move your hands around the set. Notice that all eight of the following examples repeat the same pattern for the full measure. Practice each pattern until it becomes muscle memory. And, REMEMBER... keep the **RLRL** sticking consistent for this entire lesson.

1.

SD HI LO HI

Playing the fill from a beat

Now play the triplet fill from a beat. The two eighth notes on the fourth count of the fill serve as a "set-up" to take you from the fill back into the beat.

Set-up

More hands around the set examples

2.

MED HI LO HI

3.

SD HI LO LO

4.

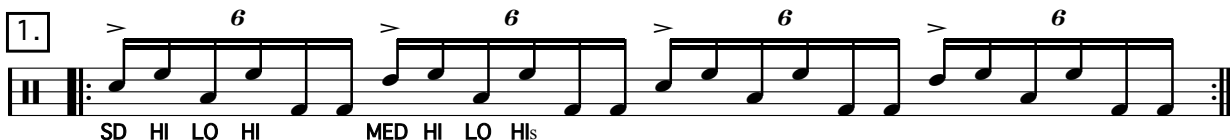
MED HI LO LO

5. 

SD HI MED LO

Combination patterns

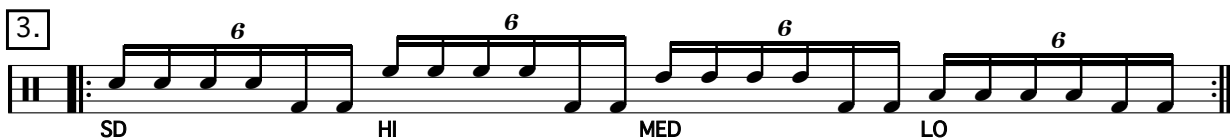
Next, we'll use some of the "around the set" ideas from the previous examples to create a few nice sounding patterns. Practice these, then develop some of your own.

1. 

SD HI LO HI MED HI LO HI

2. 

HI HI LO LO MED HI LO LO

3. 

SD HI MED LO

4. 

SD HI MED LO MED HI LO LO

Rhythmic Fill Variations

Here's a three nice sounding rhythmic variations of the fill played from a beat.

1. 

2. 

3. 