

Jazz Triplet Fill Concept #5

(3:4 accented triplets with Doubles, Press rolls & Paradiddles)

(SDVL36)

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Welcome to the 5th and final lesson in my “Jazz Triplet Fill Concept” series. In this lesson, we’ll continue with the “3 over 4” accented triplet fill concept. For this version of the fill, we’ll incorporate press rolls, double strokes and paradiddles. For our first example, we’ll play the accented notes using the bass drum and ride cymbal and we’ll play the snare drum notes using press rolls.

♩ = 100

Using Press Rolls

L R L L R L L R L L R L L R L L R R L L

♩ = 116

Let's play one bar of a swing time feel into one bar of the fill.

Using Double Strokes

Now, you’ll play double strokes on the unaccented snare drum notes. Let’s begin by getting a good feel for the sticking pattern. Start slowly and practice with a metronome.

♩ = 80

R L L R R L L R L L R R L L R L L R R L L

Next, you’ll add a bass drum to the pattern. This will help give you a good feel for how this sticking lands with the beat.

Now, you’ll play the accented notes using the ride cymbal and bass drum.

♩ = 80 & 116

L L R R L L L L R R L L L L R R L L

Let’s play three bars of a swing time feel into one bar of this version of the fill.

♩ = 116

Here, you'll move the right hand double strokes to the hi-tom.

♩ = 80

7.

hi-tom

hi-tom

hi-tom

L L R R L L L L R R L L L L R R L L

Detailed description: This exercise is a single bar of music in 4/4 time at a tempo of 80 beats per minute. It features a triplet fill pattern. The first three notes of the triplet are marked with an accent (>) and the word 'hi-tom' with a downward arrow. The notes are eighth notes. The sticking pattern is L L R R L L. The rest of the bar contains another triplet of eighth notes with an accent (>) and the sticking pattern L L R R L L.

Now, you'll play three bars of a swing time feel into one bar of the fill.

♩ = 116

8.

R R R R

Detailed description: This exercise is a single bar of music in 4/4 time at a tempo of 116 beats per minute. It starts with three bars of a swing time feel, indicated by a slash and a vertical line. The first two bars consist of eighth notes with accents (>) and the sticking pattern L L R R. The third bar is a triplet of eighth notes with an accent (>) and the sticking pattern L L R R. The final bar of the exercise is a triplet fill pattern of eighth notes with accents (>) and the sticking pattern R R R R.

Using Paradiddle Sticking

Next, you'll apply a paradiddle sticking to the accented triplet pattern. Start slowly and practice with a metronome.

♩ = 100

9.

R L R R L R L L R L R R L R L L R L R R L R L L

Detailed description: This exercise is a single bar of music in 4/4 time at a tempo of 100 beats per minute. It consists of two measures of eighth notes with accents (>) and the sticking pattern R L R R. The first measure is followed by a triplet of eighth notes with an accent (>) and the sticking pattern L R L L. The second measure is followed by another triplet of eighth notes with an accent (>) and the sticking pattern L R L L. The final measure is followed by a triplet of eighth notes with an accent (>) and the sticking pattern R L R R.

Once again, you'll add a bass drum to our pattern. This helps to give you a good feel for how the sticking lands with the beat.

♩ = 100

10.

R L R R L R L L R L R R L R L L R L R R L R L L

Detailed description: This exercise is a single bar of music in 4/4 time at a tempo of 100 beats per minute. It consists of two measures of eighth notes with accents (>) and the sticking pattern R L R R. The first measure is followed by a triplet of eighth notes with an accent (>) and the sticking pattern L R L L. The second measure is followed by another triplet of eighth notes with an accent (>) and the sticking pattern L R L L. The final measure is followed by a triplet of eighth notes with an accent (>) and the sticking pattern R L R R. A bass drum part is indicated by asterisks (*) below the notes, showing a consistent pattern of eighth notes.

Let's play this Paradiddle version of the fill from two bars of a swing time feel.

♩ = 136

11.

R L R R L R L L R L R R L R L L R L R R L R L L

Detailed description: This exercise is a single bar of music in 4/4 time at a tempo of 136 beats per minute. It starts with two bars of a swing time feel, indicated by a slash and a vertical line. The first two bars consist of eighth notes with accents (>) and the sticking pattern L L R R. The third bar is a triplet of eighth notes with an accent (>) and the sticking pattern L L R R. The final bar of the exercise is a triplet fill pattern of eighth notes with accents (>) and the sticking pattern R R R R.

Now, you'll play right hand accented notes with the ride cymbal and bass drum.

♩ = 120

12.

R L R R L R L L R L R R L R L L R L R R L R L L

♩ = 144

Let's play this version of the fill from two bars of a swing time feel.

13.

R L R R L R L L R L R R L R L L R L R R L R L L

Next, you'll play right hand accented notes on the toms. Learn the pattern then play it from two bars of a swing time feel.

♩ = 120

14.

hi-tom lo-tom hi-tom

♩ = 144

15.

hi-tom lo-tom hi-tom