

Jazz Triplet Fill Concept #3

(3 over 4 accented triplet fills)

(SDVL34)

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Welcome to the 3rd lesson in my "Jazz Triplet Fill Concept" series. In this lesson, I am going to teach you how to play some simple 3 over 4 accented triplet jazz fills.

Here's the basic pattern. Notice that there are 3 accents evenly placed over 4 beats in the measure. This is where the term, "3 over 4" comes from. Practice the pattern until you are comfortable playing it and be sure to practice with a metronome.

♩ = 80

3 over 4 Accented Pattern

Musical notation for the 3 over 4 accented pattern. The notation is on a single staff with a 4/4 time signature. It consists of four groups of three eighth notes, each group starting on a different beat (1, 2, 3, 4). Each group is marked with a '3' and an accent (>). The notes are: Beat 1 (quarter, eighth, eighth), Beat 2 (quarter, eighth, eighth), Beat 3 (quarter, eighth, eighth), and Beat 4 (quarter, eighth, eighth). Below the staff, the sticking pattern is written as: R L R L R L R L R L R L.

Now you'll add a bass drum to the pattern. This will help give you a deeper understanding for how the triplet accents land with the beat.

♩ = 84

Musical notation for the 3 over 4 accented pattern with bass drum. The notation is on a single staff with a 4/4 time signature. It consists of four groups of three eighth notes, each group starting on a different beat (1, 2, 3, 4). Each group is marked with a '3' and an accent (>). The notes are: Beat 1 (quarter, eighth, eighth), Beat 2 (quarter, eighth, eighth), Beat 3 (quarter, eighth, eighth), and Beat 4 (quarter, eighth, eighth). Below the staff, the sticking pattern is written as: R L R L R L R L R L R L.

Here's the first version of the fill. To start, you'll use a RLRL, alternate sticking pattern, and play the accented notes using the ride cymbal and bass drum.

♩ = 100

Musical notation for the first version of the fill. The notation is on a single staff with a 4/4 time signature. It consists of four groups of three eighth notes, each group starting on a different beat (1, 2, 3, 4). Each group is marked with a '3' and an accent (>). The notes are: Beat 1 (quarter, eighth, eighth), Beat 2 (quarter, eighth, eighth), Beat 3 (quarter, eighth, eighth), and Beat 4 (quarter, eighth, eighth). Below the staff, the sticking pattern is written as: R L R L R L R L R L R L.

Now, let's play one bar of a swing time feel into one bar of the fill.

♩ = 124

Musical notation for the swing time feel into the fill. The notation is on a single staff with a 4/4 time signature. It consists of two bars. The first bar is a swing time feel with a quarter note on beat 1, a quarter note on beat 2, and a quarter note on beat 3. The second bar is the 3 over 4 accented pattern with bass drum, consisting of four groups of three eighth notes, each group starting on a different beat (1, 2, 3, 4). Each group is marked with a '3' and an accent (>). The notes are: Beat 1 (quarter, eighth, eighth), Beat 2 (quarter, eighth, eighth), Beat 3 (quarter, eighth, eighth), and Beat 4 (quarter, eighth, eighth). Below the staff, the sticking pattern is written as: R L R L R L R L R L R L.

Next, you'll play two bars of a swing time feel into two bars of the fill. Practice all of the fills in this lesson series from both one and two bars of a time feel.

♩ = 124

5.

Musical notation for exercise 5, showing a 4-measure fill. The first two measures are in a swing feel, and the last two are in a time feel. The notation includes triplets and accents.

Next, you'll play the fill using a RLLL sticking pattern

♩ = 112

6.

Musical notation for exercise 6, showing a 4-measure fill with a RLLL sticking pattern. The notation includes triplets and accents.

R L L L R L L L R L L L

Here it is played from a time feel. Remember, practice all of the fills in this lesson from both one and two bars of a time feel.

♩ = 126

7.

Musical notation for exercise 7, showing a 4-measure fill with a RLLL sticking pattern. The notation includes triplets and accents.

R L L L R L L L R L L L

Now, you'll use the RLLL sticking pattern from the previous example, but maintain a jazz ride cymbal pattern as we play the fill.

♩ = 90

8.

Musical notation for exercise 8, showing a 4-measure fill with a RLLL sticking pattern and a jazz ride cymbal pattern. The notation includes triplets and accents.

L L L L L L L L L L L L

♩ = 132

Let's practice this version from a time feel.

9.

Musical notation for exercise 9, showing a 4-measure fill with triplets and accents.